

Race Date
October 28, 2023

MIAC Championships

Team Summary Results

Women

Women's 6k

Class - A

Place	Team	Top 5	----- Finishers -----						
		Places	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6*</u>	<u>7*</u>
1	Carleton	25	2	3	4	7	9	10	14
		Top 5 Times:	1:49:15.5						
2	St. Olaf	51	5	8	11	12	15	18	19
		Top 5 Times:	1:51:52.7						
3	St. Benedict	87	1	13	21	24	28	30	31
		Top 5 Times:	1:53:05.2						
4	St. Scholastica	119	6	17	20	32	44	51	52
		Top 5 Times:	1:56:45.2						
5	Bethel (Minn.)	150	16	22	33	39	40	42	46
		Top 5 Times:	1:59:26.0						
6	Gustavus Adolphus	178	25	27	29	48	49	50	57
		Top 5 Times:	2:00:31.5						
7	Concordia-Moorhead	185	34	35	36	37	43	58	66
		Top 5 Times:	2:02:02.1						
8	Macalester	232	23	38	53	56	62	64	65
		Top 5 Times:	2:04:15.9						
9	Hamline	255	41	45	54	55	60	61	69
		Top 5 Times:	2:05:13.5						
10	Saint Mary's (Minn.)	308	47	59	63	67	72	73	
		Top 5 Times:	2:10:06.1						
11	Augsburg	323	26	70	71	77	79		
		Top 5 Times:	2:20:01.3						
12	St. Catherine (Minn.)	371	68	74	75	76	78		
		Top 5 Times:	2:20:10.3						

MIAC Championships
Overall Finish List

Women

Women's 6k

<u>Place</u>	<u>Score</u>	<u>Bib No</u>	<u>Name</u>	<u>Team</u>	<u>Year</u>	<u>Time</u>	<u>Pace</u>
1	1	330	Fiona Smith	St. Benedict	SR	19:55.1	3:19/K
2	2	237	Hannah Preisser	Carleton	SO	21:29.3	3:35/K
3	3	241	Phoebe Ward	Carleton	JR	21:31.4	3:35/K
4	4	230	Helen Cross	Carleton	JR	21:47.9	3:38/K
5	5	375	Lauren Walda	St. Olaf	SO	21:54.5	3:39/K
6	6	383	Allison Hendrickson	St. Scholastica	SR	21:59.7	3:40/K
7	7	236	Sophie McManus	Carleton	JR	22:09.0	3:41/K
8	8	358	Katie Gebert	St. Olaf	SR	22:11.5	3:42/K
9	9	235	Aliya Larsen	Carleton	SO	22:18.1	3:43/K
10	10	229	Mary Blanchard	Carleton	JR	22:26.6	3:44/K
11	11	349	Bella Call	St. Olaf	SR	22:27.4	3:45/K
12	12	356	Julia Everest	St. Olaf	SR	22:29.4	3:45/K
13	13	317	Anne Kiolbasa	St. Benedict	SR	22:39.9	3:47/K
14	14	238	Libby Rowland	Carleton	JR	22:46.4	3:48/K
15	15	367	Grace Moeller	St. Olaf	SO	22:50.2	3:48/K
16	16	216	Josie Harms	Bethel (Minn.)	JR	22:53.5	3:49/K
17	17	378	Regan DeWitt	St. Scholastica	FR	22:56.6	3:49/K
18	18	345	Sophie Abernethy	St. Olaf	JR	22:58.6	3:50/K
19	19	361	Ella Landis	St. Olaf	SO	23:00.8	3:50/K
20	20	382	Maj Lis Helmer	St. Scholastica	JR	23:03.1	3:51/K
21	(> 7)	232	Nora Daley	Carleton	FR	23:17.4	3:53/K
22	(> 7)	347	Alison Bode	St. Olaf	JR	23:18.3	3:53/K
23	21	322	Keiley Maahs	St. Benedict	SR	23:20.9	3:53/K
24	22	210	Anna Cargill	Bethel (Minn.)	SO	23:22.2	3:54/K
25	23	283	Ivy Coldren	Macalester	FR	23:25.9	3:54/K
26	24	316	Mary Kenney	St. Benedict	SO	23:26.7	3:54/K
27	(> 7)	365	Molly Kate McCloskey	St. Olaf	SO	23:26.8	3:54/K
28	(> 7)	357	Jules Fromm	St. Olaf	JR	23:31.0	3:55/K
29	25	257	Molly Liston	Gustavus Adolphus	SO	23:32.3	3:55/K
30	26	206	Gracie Johnson	Augsburg	SO	23:33.7	3:56/K
31	27	255	Sydney Hagen	Gustavus Adolphus	JR	23:34.3	3:56/K
32	(> 7)	355	Siri Erickson	St. Olaf	FR	23:34.5	3:56/K
33	(> 7)	233	Katie Hirsche	Carleton	JR	23:37.8	3:56/K
34	(> 7)	353	Molly DiNardo	St. Olaf	FR	23:38.8	3:56/K
35	(> 7)	350	Sophie Call	St. Olaf	SR	23:40.2	3:57/K
36	28	321	Lucy Lyngen	St. Benedict	SR	23:42.8	3:57/K
37	29	267	Kailyn Walukas	Gustavus Adolphus	JR	23:51.7	3:59/K
38	30	334	Bridget Tetmeyer	St. Benedict	SR	23:59.5	4:00/K
39	31	309	Julia Babineau	St. Benedict	FR	23:59.7	4:00/K
40	(> 7)	376	Isabel Wyatt	St. Olaf	SO	24:10.3	4:02/K
41	32	385	Kelsey Johannes	St. Scholastica	JR	24:10.8	4:02/K
42	(> 7)	312	Eva Creighton	St. Benedict	SO	24:13.2	4:02/K
43	33	223	Esther Nelson	Bethel (Minn.)	JR	24:15.8	4:03/K
44	(> 7)	231	Alice Cutter	Carleton	JR	24:18.8	4:03/K
45	34	247	Grace Ingebretsen	Concordia-Moorhead	FR	24:18.9	4:03/K
46	(> 7)	362	Gracia Larsen-Schmidt	St. Olaf	JR	24:19.6	4:03/K

MIAC Championships
Overall Finish List

Women

Women's 6k

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47	35	249	Sophia Revoir	Concordia-Moorhead	SO	24:23.0	4:04/K
48	(> 7)	359	Cate Gleason	St. Olaf	JR	24:23.3	4:04/K
49	36	250	Amelia Rowley	Concordia-Moorhead	FR	24:23.7	4:04/K
50	37	245	Drew Frolek	Concordia-Moorhead	JR	24:24.6	4:04/K
51	38	297	Destiny Osemwengie	Macalester	FR	24:26.4	4:04/K
52	39	215	Laura Hardwick	Bethel (Minn.)	SR	24:26.9	4:04/K
53	40	212	Bella Duncombe	Bethel (Minn.)	FR	24:27.7	4:05/K
54	41	277	Libby Roberdeau	Hamline	SR	24:28.7	4:05/K
55	42	213	Ruby Gernandt	Bethel (Minn.)	JR	24:29.0	4:05/K
56	(> 7)	366	Nora Mickelson	St. Olaf	FR	24:30.7	4:05/K
57	(> 7)	351	Sofia Carlson	St. Olaf	JR	24:31.4	4:05/K
58	43	246	Elsie Hatlevig	Concordia-Moorhead	SR	24:32.2	4:05/K
59	44	388	Greta Leitheiser	St. Scholastica	SO	24:35.1	4:06/K
60	45	273	Alicia Maddux	Hamline	FR	24:35.6	4:06/K
61	46	228	Shalom Sulungaine	Bethel (Minn.)	FR	24:39.8	4:07/K
62	(> 7)	331	Kalli Smith	St. Benedict	JR	24:42.8	4:07/K
63	47	307	Caeli McMahon	Saint Mary's (Minn.)	SO	24:44.4	4:07/K
64	48	263	Laura Sunnarborg	Gustavus Adolphus	FR	24:45.5	4:08/K
65	49	258	Mackenzie Murphy	Gustavus Adolphus	FR	24:47.8	4:08/K
66	(> 7)	338	Anabella Witschen	St. Benedict	FR	24:47.8	4:08/K
67	(> 7)	211	Anna Decker	Bethel (Minn.)	SR	24:49.1	4:08/K
68	(> 7)	352	Ava Craven	St. Olaf	JR	24:52.4	4:09/K
69	50	266	Veronica Wahman	Gustavus Adolphus	FR	24:55.3	4:09/K
70	51	377	Mia Case	St. Scholastica	SO	24:59.3	4:10/K
71	(> 7)	240	Maggie Votruba	Carleton	JR	25:00.4	4:10/K
72	52	389	Grace McCromick	St. Scholastica	FR	25:00.6	4:10/K
73	(> 7)	371	Ava Shirley	St. Olaf	SO	25:02.7	4:10/K
74	53	284	Sylvia Coyle	Macalester	JR	25:04.6	4:11/K
75	54	279	Abby Tapajna	Hamline	SO	25:04.9	4:11/K
76	(> 7)	324	Erin Martin	St. Benedict	SR	25:12.2	4:12/K
77	(> 7)	354	Olivia Edstrom	St. Olaf	SR	25:15.6	4:13/K
78	(> 7)	327	Rachel Olinger	St. Benedict	SO	25:18.4	4:13/K
79	55	270	Anabel Bradley	Hamline	FR	25:22.9	4:14/K
80	56	298	Mara Pirone	Macalester	SO	25:24.7	4:14/K
81	57	254	Elsey Hagen	Gustavus Adolphus	FR	25:25.7	4:14/K
82	(> 7)	314	Ava Juntunen-Novak	St. Benedict	JR	25:25.9	4:14/K
83	58	248	Airial Johnson	Concordia-Moorhead	JR	25:28.8	4:15/K
84	(> 7)	262	Christina Schmidt	Gustavus Adolphus	SO	25:29.2	4:15/K
85	59	304	Rheanna Hopkins	Saint Mary's (Minn.)	FR	25:29.9	4:15/K
86	(> 7)	328	Taylor Radaich	St. Benedict	FR	25:30.3	4:15/K
87	(> 7)	333	Emily Tess	St. Benedict	JR	25:31.3	4:15/K
88	(> 7)	374	Bailey VanderWilde	St. Olaf	SR	25:36.2	4:16/K
89	(> 7)	260	Eleanor Osmond	Gustavus Adolphus	FR	25:37.1	4:16/K
90	(> 7)	310	Abby Bufkin	St. Benedict	FR	25:38.4	4:16/K
91	(> 7)	380	Mollykate Hagen	St. Scholastica	FR	25:39.8	4:17/K
92	(> 7)	346	Erin Anderson	St. Olaf	FR	25:40.7	4:17/K

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93	60	271	Aspen Clarksean	Hamline	JR	25:41.6	4:17/K
94	(> 7)	217	Anna Hay	Bethel (Minn.)	SO	25:42.2	4:17/K
95	(> 7)	373	Madelyn Tung-Mabry	St. Olaf	FR	25:42.8	4:17/K
96	(> 7)	259	Anna Omdal	Gustavus Adolphus	JR	25:47.7	4:18/K
97	(> 7)	339	Natalie Zielsdorf	St. Benedict	SO	25:49.8	4:18/K
98	(> 7)	368	Julia Newman	St. Olaf	SR	25:50.2	4:18/K
99	(> 7)	214	Lydia Gessner	Bethel (Minn.)	JR	25:51.0	4:18/K
100	(> 7)	320	Tatum Leibke	St. Benedict	SO	25:51.2	4:19/K
101	61	278	Daniela Sanchez-Castillo	Hamline	SO	25:52.5	4:19/K
102	(> 7)	227	Madison Stackhouse	Bethel (Minn.)	SO	25:54.4	4:19/K
103	62	286	Samantha Ellis	Macalester	FR	25:54.5	4:19/K
104	63	303	Caroline Gearin	Saint Mary's (Minn.)	SR	25:56.9	4:19/K
105	(> 7)	395	Maggie Whitaker	St. Scholastica	JR	25:58.8	4:20/K
106	(> 7)	265	Abby Vizenor	Gustavus Adolphus	JR	26:00.1	4:20/K
107	(> 7)	384	Grace Hrabik	St. Scholastica	FR	26:01.7	4:20/K
108	64	294	Mariah Loeffler-Kemp	Macalester	SR	26:07.3	4:21/K
109	65	299	Cate Stacy	Macalester	FR	26:07.6	4:21/K
110	(> 7)	221	Raina Moorjani	Bethel (Minn.)	JR	26:10.6	4:22/K
111	(> 7)	296	Maggie Morgan	Macalester	SR	26:17.2	4:23/K
112	(> 7)	372	Kayla Sieck	St. Olaf	SO	26:22.0	4:24/K
113	66	243	Ava Chevalier	Concordia-Moorhead	SO	26:22.7	4:24/K
114	(> 7)	293	Ella Krumm	Macalester	JR	26:25.7	4:24/K
115	(> 7)	394	Linnea Urban	St. Scholastica	JR	26:26.1	4:24/K
116	(> 7)	381	Madeline Hartley	St. Scholastica	FR	26:27.7	4:25/K
117	(> 7)	337	Brooke Verkinnes	St. Benedict	SO	26:30.3	4:25/K
118	67	305	Kendra Klobe	Saint Mary's (Minn.)	SO	26:32.2	4:25/K
119	(> 7)	393	Avery Tolbert	St. Scholastica	JR	26:34.4	4:26/K
120	(> 7)	325	Meaghan McDonald	St. Benedict	SO	26:36.3	4:26/K
121	(> 7)	268	Molly Weberg	Gustavus Adolphus	SR	26:37.2	4:26/K
122	(> 7)	300	Anna Warren	Macalester	JR	26:37.9	4:26/K
123	(> 7)	282	Julia Castellano	Macalester	SO	26:39.1	4:27/K
124	68	343	Brenna Nelson	St. Catherine (Minn.)	SR	26:39.4	4:27/K
125	69	269	Wren Anderson	Hamline	FR	26:41.7	4:27/K
126	(> 7)	292	Adrienne Korey	Macalester	SR	26:41.7	4:27/K
127	(> 7)	291	Norah Juzenas	Macalester	FR	26:43.0	4:27/K
128	(> 7)	242	Londyn Ames	Concordia-Moorhead	FR	26:45.0	4:27/K
129	70	209	Aleka London	Augsburg	FR	26:46.5	4:28/K
130	(> 7)	369	Abby Rowekamp	St. Olaf	JR	26:47.2	4:28/K
131	(> 7)	335	Maranda Thier	St. Benedict	JR	26:52.1	4:29/K
132	(> 7)	252	Emily Dehn	Gustavus Adolphus	FR	26:53.5	4:29/K
133	(> 7)	386	Hazel Kemp	St. Scholastica	SO	26:53.9	4:29/K
134	(> 7)	276	Sarah Redepenning	Hamline	FR	27:01.1	4:30/K
135	(> 7)	336	Hailley Thompson	St. Benedict	SO	27:01.7	4:30/K
136	(> 7)	222	Grace Morningstar	Bethel (Minn.)	SR	27:02.9	4:30/K
137	(> 7)	319	Isabel Kraabel	St. Benedict	SO	27:03.1	4:31/K
138	(> 7)	311	Ayva Burshem	St. Benedict	SO	27:08.8	4:31/K

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139	71	205	Brooklyn Conrad	Augsburg	SO	27:11.3	4:32/K
140	(> 7)	391	Julia Schwinghamer	St. Scholastica	JR	27:12.6	4:32/K
141	(> 7)	290	Lily Hatrick	Macalester	SO	27:17.4	4:33/K
142	72	308	Abbie Meyer	Saint Mary's (Minn.)	SO	27:22.9	4:34/K
143	73	302	Megan Frosch	Saint Mary's (Minn.)	SO	27:41.1	4:37/K
144	74	341	Faduma Hassan	St. Catherine (Minn.)	FR	27:44.2	4:37/K
145	75	340	Lily Harvey	St. Catherine (Minn.)	JR	27:45.9	4:38/K
146	(> 7)	219	Elliana Leach	Bethel (Minn.)	FR	27:47.5	4:38/K
147	(> 7)	224	Sarah Rey	Bethel (Minn.)	JR	27:55.5	4:39/K
148	(> 7)	315	Marin Kaster	St. Benedict	FR	27:56.9	4:39/K
149	(> 7)	275	Tatiana Otero-Ortiz	Hamline	FR	28:01.3	4:40/K
150	(> 7)	253	Amelia Dewberry	Gustavus Adolphus	FR	28:07.1	4:41/K
151	(> 7)	387	Danielle Koperski	St. Scholastica	SO	28:20.8	4:43/K
152	(> 7)	274	Deliah Neria	Hamline	FR	28:21.2	4:44/K
153	(> 7)	396	Mackenzie Williams	St. Scholastica	SO	28:23.7	4:44/K
154	(> 7)	256	Reegan Lindholm	Gustavus Adolphus	FR	28:29.7	4:45/K
155	76	344	Kaitlyn Peterson	St. Catherine (Minn.)	FR	28:31.9	4:45/K
156	(> 7)	244	Hallie Fritel	Concordia-Moorhead	FR	28:34.7	4:46/K
157	(> 7)	264	Lauren Tillman	Gustavus Adolphus	JR	28:44.2	4:47/K
158	(> 7)	220	Heather Long	Bethel (Minn.)	JR	28:47.1	4:48/K
159	(> 7)	226	Ellesa St. George	Bethel (Minn.)	JR	28:48.1	4:48/K
160	(> 7)	348	Shannon Breuer	St. Olaf	SO	28:49.3	4:48/K
161	(> 7)	318	Emily Koch	St. Benedict	FR	29:08.9	4:51/K
162	77	208	Annabel Lantz	Augsburg	JR	29:11.4	4:52/K
163	(> 7)	329	Diana Rodriguez	St. Benedict	FR	29:12.5	4:52/K
164	(> 7)	363	Thea Larsson	St. Olaf	SO	29:14.2	4:52/K
165	78	342	Felicity Lamb	St. Catherine (Minn.)	FR	29:29.1	4:55/K
166	(> 7)	313	Samantha Eekhoff	St. Benedict	FR	29:32.0	4:55/K
167	(> 7)	234	Isabel Hoyt-Niemiec	Carleton	SR	29:51.3	4:59/K
168	(> 7)	272	Savannah Janes	Hamline	FR	30:23.2	5:04/K
169	(> 7)	323	Bella Marette	St. Benedict	FR	31:27.3	5:15/K
170	(> 7)	326	Ella Neaton	St. Benedict	FR	31:37.9	5:16/K
171	(> 7)	225	Claudia Ross	Bethel (Minn.)	FR	32:49.9	5:28/K
172	79	207	Mikalah Konz	Augsburg	SO	33:18.7	5:33/K